



The Puhinui Stream Forest Trail is a tranquil escape from urban Auckland, just 25 minutes from the city and five minutes from central Manukau.

Linking the native forest walking tracks between Totara Park and the Auckland Botanic Gardens, the trail winds around Puhinui Stream and through lush forest where many native trees flourish – including kauri, puriri, totara and nikau.

The native forest is one of the finest examples of a lowland broadleaf conifer forest remnant in the area. The combined forest areas have a total of 155 native plant species. You will discover interpretive posts with plant and historical information along the way.

BC2681

## Opening hours

Auckland Botanic Gardens

Summer: 8am–8pm

Winter: 8am–6pm

Huakaiwaka Visitor Centre

Open daily, 8am–4pm, except Christmas Day

Café Miko – Auckland Botanic Gardens

8am–4pm daily

Totara Park swimming pool

Totara Park Pool is only open during the summer months. Go to [www.aucklandleisure.co.nz](http://www.aucklandleisure.co.nz) to check opening dates and times.

Totara Park

Summer: 7am–9pm

Winter: 7am–7pm

Contacts

Auckland Botanic Gardens

09 267 1457

[www.aucklandbotanicgardens.co.nz](http://www.aucklandbotanicgardens.co.nz)

Auckland Council

09 301 0101

[www.aucklandcouncil.govt.nz](http://www.aucklandcouncil.govt.nz)

► **For more information** on the Auckland Botanic Gardens or Totara Park, pick up a brochure from the Visitor Centre at the Gardens or visit our websites.



# Puhinui Stream Forest Trail

**For more information:** phone 09 301 0101  
or visit [www.aucklandcouncil.govt.nz](http://www.aucklandcouncil.govt.nz)



## Using the trail

There are multiple entry points onto the trail, and you can walk the full length or take a shorter walk by choosing parts of the trail. The full trail will lead you on a loop of the forest area, taking approximately two hours to walk at a leisurely pace. The trail is approximately four kilometres.

The tracks are well maintained, however sensible footwear, clothing and a water bottle are recommended.

Dogs are welcome but must be kept on a leash at all times on the forest trail and in the main picnic area at Totara Park. Dogs are prohibited from all playgrounds.

## Amenities

There are great spots to stop for a picnic along the trail, or you could call into Café Miko at the Auckland Botanic Gardens Huakaiwaka Visitor Centre.

Totara Park has two playgrounds, and a public swimming pool which is open during the summer months. Tennis courts are available to the public free of charge.

Toilets are marked on the map.

## Volunteers

Auckland Council is always happy to hear from volunteers who want to help maintain and improve your gardens and parks.

To find out how you can help at the Auckland Botanic Gardens, drop into the Huakaiwaka Visitor Centre or phone 09 267 1457.

To contact the Friends of Totara Park, phone Auckland Council on 09 301 0101.

